

# LakeCites Ballet Theatre Wellness Seminar Series 2022 – 2023

## Participation Waiver

The Wellness Seminar Series, sponsored by LakeCites Ballet Theatre (LBT) is a series of programs designed to promote the health and well-being of dancers and non-dancers and to bring awareness to some of the mental and physical struggles of young people today. LBT, in partnership with The Ballet Conservatory, will host several lecture/workshop sessions by certified/professional mental and physical health specialists in a series of discussions centered around real-life situations facing our youth today and how to practice healthy daily habits.

By signing this form, you agree to allow your child to participate if they are under the age of 18:

I, \_\_\_\_\_, allow my student \_\_\_\_\_  
to participate in the Wellness Seminar Series at Ballet Conservatory in 2022 -2023.

Parent signature \_\_\_\_\_

Name of the Student, if under 18 years of age \_\_\_\_\_

Date \_\_\_\_\_

To be signed by those 18 years of age:

Participant signature \_\_\_\_\_

Participant's Printed Name \_\_\_\_\_

Date \_\_\_\_\_